



Practice Log

Goal

Your Results

ACTIVITES	SHOT GOAL	DATE:	DATE:	DATE:	DATE:
DRIVING For these shots, hit 5 drives and take the median by removing the worst two and best two shots.					
Driving Distance					
Driving Accuracy: Course (Distance to edge of Fairway)					
Driving Accuracy: Range (Average Dispersion)					
Club Head Speed (Highest speed of 5 shots)					
APPROACHES For these shots, hit 5 approach shots at the flag. Take the median distance to the hole (in feet) by removing the worst two and best two shots.					
Proximity to hole: 50-75 Yards (Fairway)					
Proximity to hole: 75-100 Yards (Fairway)					
Proximity to hole: 100-125 Yards (Fairway)					
Proximity to hole: 125-150 Yards (Fairway)					
Proximity to hole: 150-175 Yards (Fairway)					
Proximity to hole: 175-200 Yards (Fairway)					
Proximity to hole: 200-225 Yards (Fairway)					
Proximity to hole: 225-250 Yards (Fairway)					
Proximity to hole: 250-275 Yards (Fairway)					
Proximity to hole: Over 275 Yards (Fairway)					
Proximity to hole: 50-75 Yards (Rough)					
Proximity to hole: 75-100 Yards (Rough)					
Proximity to hole: 100-125 Yards (Rough)					
Proximity to hole: 125-150 Yards (Rough)					
Proximity to hole: 150-175 Yards (Rough)					
Proximity to hole: 175-200 Yards (Rough)					
Proximity to hole: 200-225 Yards (Rough)					
Proximity to hole: 225-250 Yards (Rough)					
Proximity to hole: 250-275 Yards (Rough)					
Proximity to hole: Over 275 Yards (Rough)					



Practice Log

Goal

Your Results

ACTIVITES	SHOT GOAL	DATE:	DATE:	DATE:	DATE:
SHORT GAME For these shots, hit 5 balls and take the median distance to the hole (in feet) by removing the worst two and best two shots.					
Proximity to hole: From Fringe (< 30y)					
Proximity to hole: From Rough (< 30y)					
Proximity to hole: < 10y (Fairway & Rough)					
Proximity to hole: 10-20y (Fairway & Rough)					
Proximity to hole: 20-30y (Fairway & Rough)					
Proximity to Hole: From Sand					
PUTTING Hit 10 putts from different positions and count the number made.					
Putts Made: Under 7 Feet					
Putts Made: 7-11 Feet					
Putts Made: 12-16 Feet					
Putts Made: 17-21 Feet					
Putts Made: Over 21 Feet					
Approach Putt Performance: Over 30 Feet Hit 9 putts and take the median distance to the hold by removing the worst four and best four putts.					